Indian Diaspora Council International
Shared heritage, aspirations and interests
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Indian Diaspora Council (IDC) Congratulates SHEILA SOMERS of South Africa On her promotion to Commandeur and Maitre Rotisseur Honoraire

The **Indian Diaspora Council International** (**IDC**) and its global associates congratulate SHEILA SOMERS On her promotion to Commandeur and Maitre Rotisseur Honoraire.

The South African Women's Forte's statement: "Congratulations to our dear SAWF member Sheila Somers who was promoted to com's state,entmandeur and maitre Rotisseur Honoraire at the Durban ICC last night"

Sheila Somers grew up in Durban, with a passion for experimenting with different food flavours and cuisines. She supported the South African Women's Forte over 25 years.

In 1983, she was approached to teach sweetmeat making and cooking at Sastri College which led to educating adult learners for the next 13 years. Sheila has authored and co-authored several cookbooks since 1991, and is well recognised for her culinary contribution through her live demonstrations and in the media which extended to a weekly cookery column in the POST newspaper (for 2 decades), and appearances on both radio and television.

In the late 1990s, she was employed as the Specialist Indian Cuisine Sous Chef at the Durban ICC for 20 years where the institution received critical acclaim from many international delegates, including royalty, prime ministers and Bollywood stars. She has garnered experience in artisan cooking through training locally and internationally (India and Italy). In 2009, Sheila was invited to join the international gastronomic society, Chaine Des Rotisseurs.

In 2023, she was promoted to Commandeur and Chef Honoraire. She has over 45 years of cookery judging experience which include, Chaine Des Rotisseurs Junior Chef's competition at regional and national stages, as well as the annual POST Real Curry and Coca Cola Barometer Bunny Chow competitions. Enjoys doing voluntary work when possible.

Sheila Somers is currently retired and spending more time with the SAWF with fund raising adventures and skill development in cooking.

For more information, please contact Ashook Ramsaran @ ashookramsaran@gmail.com
*The **Indian Diaspora Council International** (**IDC**), established in 1997 and headquartered in New York, USA, is an international non-profit, non-political and secular organization with global affiliates, chapters and membership in 21 countries, with the objective to embrace, engage, and enhance the shared heritage, aspirations, and interests of persons of Indian origin with optimum inclusivity.*