

DECADE of DISCOVERY: From Garage Gambler to Mayoral Liaison -

by Rohan Narine

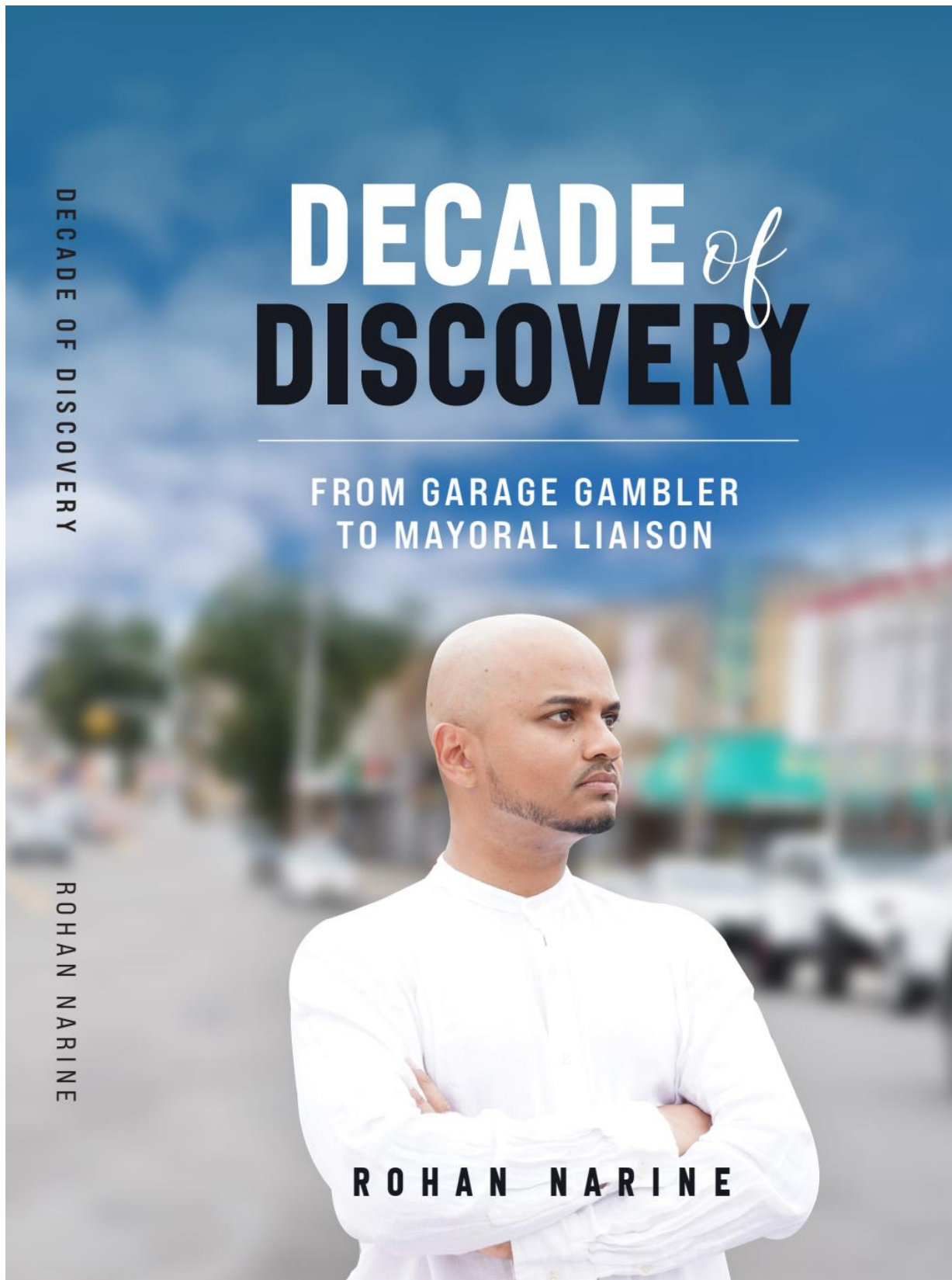
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Rohan grew up around Hindu Priests and began speaking in front of congregations about Hinduism at the age of 12. He was a comedian, a martial arts instructor, a chess champion, a real estate agent, a relationship banker, a contract analyst for the City of New York, a community organizer, and most recently a senior liaison to the South Asian and Indo-Caribbean community under former New York City Mayor Bill de Blasio. *Decade of Discovery: From Garage Gambler to Mayoral Liaison* is his first memoir.

PRAISE FOR *DECADE OF DISCOVERY*

★★★★★

“Decade of Discovery is a riveting yet revealing essay reflecting the soul of a personal journey of ultimate triumphs through daunting trials, while exploring the inner depths of memories in painful details. I recommend it highly.”

– Ashook Ramsaran, *President, Indian Diaspora Council International*

*“In an era of uncertainty and endless distractions creating insurmountable hurdles to find oneself, *Decade of Discovery* delves into personal growth through achieving professional milestones. Truly inspiring and relatable, this book is a gripping read for anyone seeking a deeper understanding of the challenges that come with pursuing the American Dream.”*

– Rhonda Binda, *Esq., Executive Director, Gracie Mansion Conservancy*

“Decade of Discovery is an important book that throws open a modern life to full view; a life longing for spiritual fulfillment while cascading from vice to vice. This book might answer the question: What would Holden Caulfield have done in his 20’s if he lived in the 2000s?”

– John P. Albert, *Esq.*

“Rohan, a gifted writer, gives the reader a raw, self-effacing, and often funny account of the trials and tribulations of the son of Indo-Caribbean immigrant parents, steeped in the Hindu faith, who grew up in Ozone Park, Queens, struggled to find his professional identity and reach his ultimate goal to become a public servant in the mostly white, secular world in the big city of New York.”

– Diane Kender Ditrack, *Professor of Environmental Science, NYU Tandon School of Engineering*

Ten years of this young addict’s life, some good but many very bad, is written so fast-paced that you may just finish it in one sitting. The author’s saga of leapfrogging from job to job without empathetic guidance conveys a struggle that is often experienced but rarely written about in the Indo-Caribbean community of South Ozone Park, Queens, New York.

Decade of Discovery charts the course of Rohan Narine, an aspiring meditator who is told by a South African Vedanta teacher to read a philosophical text that forever changes both his physical and spiritual selves. Nearly losing himself in his battle with addiction, Rohan cycles through twelve different professions over the course of ten years, oftentimes being fired, only to realize that his truest path is a return to the selfless advice he received at the start of his journey.

Written in an intensely gripping and candid first-person view, *Decade of Discovery* is a non-stop page-turning memoir that speaks to all young South Asian male addicts who need to take the first step and admit that they are addicts, and once doing so, everything else turns back in the right direction.